



The PROBUS Pilot



Probus Club of Western Ottawa – serving the western half of the National Capital Region

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Everything you want to know about

CARP is a national, non-partisan, non-profit organization that advocates for financial security and improved health care for Canadians as we age. With over 300,000 members and nearly 50 chapters across Canada, CARP plays an active role in the creation of policy and legislation that impacts older Canadians.

One of those chapters is the Ottawa Chapter and we are delighted to have their Board Chair Rick Baker speak to us on 14 March.

Rick is a retired Senior Executive who has held a number of prominent career positions over a span of 40 years. He was the CEO/General Manager of the Ottawa RA Centre, General Manager of Glenway Golf



Rick Baker

& Country Club, Director of Parks and Recreation for the Cities of Kanata, Newmarket and Hamilton, a Sports and Recreation Consultant with the Ontario Ministry of Tourism and Recreation in Ottawa and the Recreation Director for the Royal Ottawa Rehab and Psychiatric Hospital.

Rick has also served as an Associate Professor in Recreation, Sport, Hospitality and Tourism Management at the University of Ottawa, Algonquin and George Brown Colleges. In his leisure and volunteer time, Rick presently serves as a Director on the Canadian Paralympic Committee Board of Directors, as Past-President of the Canadian Society of Club Managers Ottawa-Valley Branch and Past-President of the Canadian Society of Association Executives Ottawa-Gatineau Chapter.

CARP operates under a unique business model. Through their affiliation with Zoomer Media, CARP has access to multiple media platforms. Advertisers interested in reaching CARP's audience provide a full slate of benefits to members, often covering membership costs.

CARP works closely with all levels of government and collaborates with other organizations to advocate on health and financial issues. CARP uses the media and enlists members' voices to increase its clout as an effective advocate.

Many CARP chapters, like Ottawa's, also sponsor local events of interest to those who are 50+.

Board seeks replacements

While it is only early spring it is time to think about volunteering to serve on your Management Board.

We will be looking to fill the Speakers Program position to take over from the good work done by Gordon and Heather Walt over the past two years. Speakers have already been lined up for most of the fall program and there is strong team to help with support.

We are also seeking a new Vice President with Barbara Bole moving up to take over the President position this summer.

Other members of the executive have yet to state their intentions so

there may be other vacancies we need to fill.

Our club will be holding elections in June for next year's executive but we would like to firm up the slate well before then.

If you are interested or know of a fellow member who might be, please contact a member of the executive.

The Probus Club of Western Ottawa is part of the international organization of Probus Clubs designed to serve retired and semi-retired professional, business and like-minded people. The morning begins at 10:00 am with a time for coffee and socialization followed by a guest speaker.

Western Ottawa Probus meets at
Kanata United Church, 33 Leacock Dr.

Visitors are welcome.



Dawn and Peter Doyle stepped up at short notice in February and gave an enjoyable and informative talk on their recent cruise to Iceland.

Einstein presentation cancelled last meeting

Unfortunately, club member David Smith had to cancel his planned February presentation on Einstein.

Many club members were looking forward to learning more about Einstein's life and his achievements. As such we hope to be able to reschedule David's talk at a future date.

Let us send a card



We like to think that our Probus Club is much like a family. As such we would like to send a card when someone is ill, hospitalized, in need of a comforting word or on the occasion of a significant milestone.

We are fortunate that Betty Jean Bone has volunteered to take on this task.

If you know of someone who could use a card please call Betty Jean at 613-721-5536.

RCMP stables tour in April

Details have now been finalized for our visit to the RCMP stables on Thursday 13 April.

This special tour of the Musical Ride Centre will include:

- the stables and visitor centre
- the Riding School
- the Farrier Station
- the Tack Room and;
- see the state Landau ("carriages") used in royal escorts of Her Majesty the Queen

The 2017 Musical Ride tour does not start until May so there will be an opportunity to meet the riders and horses.

The facility is located just outside Rockliffe Park on 1 Sandridge Road. Take St. Laurent Blvd. north almost to the end and turn right on Sandridge.



We will meet there at 11 a.m. Sign up and get more details at the March meeting.



Welcome to **Nancy McKenna** who joined at our February meeting.



The February lunch out at the Ironstone Grill in the Marshes Golf Club drew a large contingent of club members.



The Mandarin Restaurant was the venue for our January lunch-out and again proved to be a popular draw.

A wide variety of topics with our upcoming speakers

April 11: Jeannie Mathews
Seniors on site (SOS)
"Aging well at home – What's your plan?"

May 16: Randy Boswell,
Professor, Carleton University
"Early history of Ottawa"

June 13: Brock Godfrey
Canadian Anti-Fraud Centre
"Mass Marketing Fraud and Cybercrime Awareness"



Euchre and Bridge remain popular

Probus has an active euchre and bridge group. They meet monthly at the Bells Corners United Church, 3955 Old Richmond Road (at Moodie). Meetings are usually held on the first Friday of the month at 1 p.m. (But see below).

This is mostly a casual and social occasion and some players play both euchre and bridge and fill in where needed.

Following are the dates for our upcoming meetings:

Friday, 7 April

Friday, 5 May

For further information call Pat Stoate at 613-820-0174

Join us for an upcoming lunch-out

Thursday 23 March

East India Company

1993 Robertson Road (Bells Corners)
meet there at noon

East India Company Restaurants have been in business for over thirty years and have always enjoyed a reputation for the best East Indian Food in Ottawa and Winnipeg, Canada. The company is known not only for the high quality of food and service provided, but also for the atmosphere created through authentic Indian artwork ranging from 100 to 500 years old displayed throughout the restaurants.

www.eastindiaco.com



Wednesday 26 April

Black Dog Bistro

5540 Main Street, Manotick
(Manotick)

meet there at noon

Our menu allows for a quick bite or a more leisure dining experience. An irresistible array of menu choices prepared from the finest and freshest ingredients.

www.blackdogbistro.ca



Our Probus Club has a web site

Our club has a web site to keep you up to date on speakers, activities, photos, our organization and other information. It can be found at:

www.probuswesternottawa.ca

Make sure that you bookmark this location so that you don't have to keep typing it in.

The left side menu on the website lets you go to any of the featured pages.

The links page provides links to other clubs and seniors organizations.

QUOTE OF THE MONTH

**Isn't it funny how day
by day nothing changes,
but when you look back
everything is different.**

C.S. Lewis

May meeting moved back for Spring Fling

The 2017 Spring Fling will be held in Kemptville on Tuesday 9 May. As a result we have rescheduled our May Probud meeting to a week later on 16 May.

The Spring Fling brings together members from the 15 Probud Clubs in Eastern Ontario and is very popular activity for our members.

Our Club took the initiative to take on the hosting chores and incorporate the theme of Canada's 150th birthday.

The details of this year's event

are summarized the panel below left.

We are still looking for volunteers to assist on the actual day with registration and hosting.

This is a great opportunity to meet your fellow Ontario Probudians.

After the meeting

Join us for lunch

Join us for lunch after our meetings and often our speaker agrees to join us. This month we will again be at:

The Brew Table

NW corner of Robertson and Moodie

Get group travel insurance from Johnson Inc.

Did you know that as a member of Probud you are eligible for Group Travel insurance through the MEDOC program from Johnson Inc.

Find out more by going to our club web page and click on links or go directly to <http://www.probus.org/instrvl2.pdf>



CANADA 150 Spring Fling

Tuesday May 9, 2017

**Grenville Municipal Centre in
historic Kemptville**

Ticket price is \$35.00
per person

Lunch selection will include

Stuffed **chicken breast**

or

Baked **salmon filet**

or

Veggie stack

Salads

Desserts

Tea and Coffee

**Brian Porter as Sir John A.
Macdonald will help us
celebrate Canada's birthday by
reflecting on our history.**

**Registration deadline is 31 March
(effectively you need to register at
our March meeting)**

Make your check payable to Probud
Western Ottawa and indicate your
menu preference.



Diefenbunker tour. 17 members enjoyed a tour of the Diefenbunker on Wednesday March 1st. Our tour guide - Mike Broms - provided an exceptionally interesting and comprehensive tour of this fascinating building. Lunch at Alice's afterwards was delicious!

Chuckle Corner



GROUNDS FOR DIVORCE

"Well, Mrs O'Connor, so you want a divorce?" the solicitor questioned his client. "Tell me about it. Do you have a grudge?"

"Oh, no," replied Mrs. O'Connor. "Sure now, we only have a carport."

The solicitor tried again. "Well, does the man beat you up?"

"No, no," said Mrs O'Connor, looking puzzled, "I'm always first out of bed."

Now desperate, the solicitor pushed on. "What I'm trying to find out is what grounds you have."

"Bless you, sir. We live in a flat -- not even a window box, let alone grounds!"

"Mrs O'Connor," the solicitor said in considerable exasperation, "you need a reason that the court can consider. What is the reason for your seeking this divorce?"

"Ah, well now," said the lady, "Sure, it's because the man can't hold an intelligent conversation."