



The PROBUS Pilot



Probus Club of Western Ottawa – serving the western half of the National Capital Region

April 2021

Vol: 12 No: 8

Tuesday, April 13, 10am, via ZOOM*

Alberto Suarez-Esteban: *No Dig Gardening: Benefits for the planet and your back.*

Alberto is originally from Spain, where he developed a deep fascination and passion for Nature. This passion led him to pursue a B.Sc. in Biology, a M.Sc. in Conservation Biology, and a Ph.D. in Ecology. After about a decade in Academia, he decided to pursue more tangible results and to spend more time outside, where he thrives. During the winter, Alberto teaches "Ecosystem and Environmental Change" at Carleton University. The rest of the year, he operates Nature's Apprentice Farm, a small organic farm in Pakenham, born from his desire to support a food system that regenerates the health of both people and the land.



Digging a garden threatens to disturb not only our back, but also the soil ecosystem, which is what truly feeds our plants. But, what is the alternative? Is it really possible to grow food without digging? Please join farmer and teacher Alberto Suarez-Esteban to get these and other questions answered such as maintaining healthy soil for our plants, making compost and using it to start transplants in pots. We will learn these and many other tips to apply in our gardens for growing healthier plants to obtain healthy food with less effort.

More Information at: <http://www.naturesapprenticefarm.ca/>

<https://www.facebook.com/naturesapprenticefarm>

****Zoom meeting details will be emailed to members on Sunday, April 11.***

The Prez Sez



To all members of Probus Western Ottawa

Spring is here and winter has been put to bed. We are fortunate to have our April speaker to help us with our gardening skills which will be needed soon. Alberto Suarez-Esteban will be discussing his farming operation at Nature's Apprentice Farm in Pakenham.

We all enjoyed Jacqui Gori, our March Zoom speaker, whose presentation is now available on YouTube. For those that missed it, or those who want to refresh their memories, her presentation will be available **until April 13.**

Thanks again to Charlie, Ray and Peter for once again putting together very professional presentations and our members for participating.

We're looking forward to seeing you all at our April meeting.

In the meantime, stay safe and think positive!

- Ron Armstrong, President

At our March Meeting



Our speaker in March was Jacqueline Gori, Artist, Photographer and Charity Founder, speaking on **Life Changing Experiences with Her Service Dog**. Jacqui was very frank and open in discussing the traumas of her life and how she dealt with them. It was also fascinating to learn of the capabilities of service dogs and how her personal experience led her to establish a charity to provide these animals to persons in need who could not otherwise afford them. Her fund-raising book, *“I Love LABS – The Cooperslane Legacy”* is available from her web site.

56 members attended this meeting.

www.jacquelinegori.com (web site)

www.partnerswithpaws.ca (Providing Service Dogs to people who need them)



Painting



Photo

This meeting was recorded and has been posted on YouTube (*email with link sent March 9*).

We would like to know who is participating in our meetings.

Please encourage interested friends to contact membership@probuswesternottawa.ca. Members will receive our monthly newsletter and links to our virtual meetings and any YouTube recordings that we are permitted to make. Tips on using the Zoom application are provided with Zoom link emails.

Membership is free until face-to-face meetings resume.

Our lineup of future speakers (via Zoom)

Here are our upcoming speakers (subject to change). All meetings start formally at 10 am on the second Tuesday of each month. To allow time for informal socialization or just to ensure you have no technical issues with the ZOOM application, you will be able to join the call after 9:30 am.

A link to the ZOOM session and further instructions will be emailed to the membership on the Sunday prior to each meeting. More information about each speaker will be provided in the newsletter for that month.

Please pass ideas on to Charles Boole via program@probuswesternottawa.ca.

Speaker information is also available on our website:

www.probuswesternottawa.ca

May 11 – Roman Talkowski

Climate Change

June 8 – John Boyko

The Devils Trick – How Canada Fought in the Vietnam War

September 14 – Tim Moses

End of Life Planning



Welcome to the new members who joined since our last newsletter (total membership now 175)

Arlene Hensel
Shirley McMullin



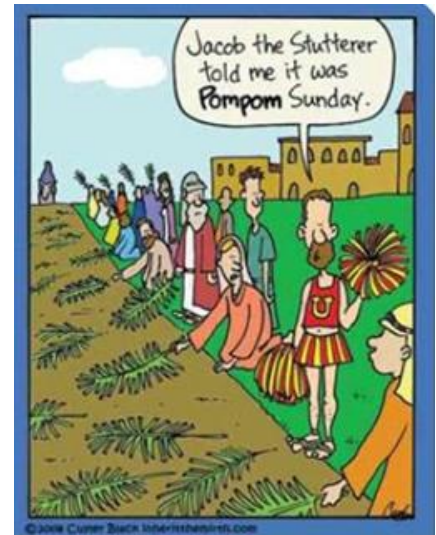
In Memoriam

Vernon Sulway



The executive of Probus Western Ottawa regrets to announce the passing of Vernon Sulway. Vernon was the husband of our current treasurer, Desna, and he leaves his two children Nicola and Christopher to mourn with her. Vernon had been a member of our club for many years serving as our President and later continuing to take an active role in all activities. He was ready and willing to assist in any capacity, enthusiastically attended most outings, and was always seen exhibiting a love of life, a willingness to smile, and a great delight in music anywhere he went. He died on Tuesday, February 23, 2021 at the Ottawa Heart Institute. He will be missed..

Chuckle Corner



Our Puzzling Brain

There are twelve black dots at the intersections in this image. Your brain won't let you see them all at once.

