



The PROBUS Pilot



Probud Club of Western Ottawa – serving the western half of the National Capital Region

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Tuesday 10 January

The living classroom of the Carp River

Over the past few years, have you noticed the remarkable transformation of the Carp River in Kanata? Come and find out how this transpired at our January meeting with Janet Mason. Learn how a straight ditch was transformed into a healthy wetland with an abundance of wildlife.

Janet has been involved with Friends of the Carp River since its founding over 25 years ago to promote sustainable shoreline practices, restoration, education, and public events that increase knowledge of and appreciation for the river's Ribbon of Life.

Janet was an engineer and senior executive with over 34 years of experience in the defence and technology industries. She currently volunteers with local community organizations involved in environmental stewardship. She strongly believes that natural areas enrich their communities with positive effects on the health and well-being of their residents.

Janet helped co-found Friends of the Carp Hills, which works with landowners, community groups, residents, conservation organizations, and government to foster conservation and sustainable recreation on the Carp Ridge.

For the past seven years, Janet has sat on the Board of Directors for the Mississippi Valley Conservation Authority as a City of Ottawa representative, serving as its Chair for two years. She also serves as Chair of the Ottawa Stewardship Council and sat on the boards of the Mississippi Madawaska Land Trust and the Macnamara Field Naturalists' Club.



Janet Mason

The Prez Sez



Hello everyone. I hope that you all enjoyed a safe and healthy Christmas and New Years.

Beth Sweetnam has lined up some very interesting speakers for January to September, some of which you'll see listed later in this newsletter. Invite your friends for a visit. It's free and they may decide to join our club.

I would like to thank Dawn Doyle for her assistance in preparing our coffee at the December meeting and her willingness to do the same for January. She will not be available in February so we need a volunteer for that month. Please help us. All

supplies are provided and the task is just like making drip coffee at home. Please see Dawn or me at the January meeting to receive an orientation to the church kitchen.

This month, we are initiating a Book Swap table. Bring a book to leave and pick up one to take. If you don't see one that you like, you would still have credit to take one some other month.

Be sure to check out our plans for Outings, Lunches and Euchre this month. Details later in the newsletter.

Wishing you all the best for 2023! See you on the 10th!

Ray Jones

president@probudwesternottawa.ca

The Probud Club of Western Ottawa is part of the international organization of Probud Clubs designed to serve retired and semi-retired professional, business and like-minded people. The morning begins at 10:00 am with a time for coffee and socialization followed by a guest speaker. Western Ottawa Probud meets at

**Kanata Baptist Church
465 Hazeldean Road**



Martha Beltran, from Hospice Care Ottawa, was our December speaker. She described the facilities at the May Court Hospice and the Ruddy-Shenkman Hospice in Kanata. She also mentioned the Homecare, Day Hospice and Bereavement programs. Volunteers serve a major role in its operation and Martha noted that the organization receives no government funding and does not charge any fees for their clients. More information can be found at Hospice Care Ottawa.

February TBA

Senate tour and lunch planned

Join us for a downtown visit on a Wednesday to take advantage of the free Wednesday OTranspo for seniors.

Details are still being worked out, but we are planning a guided tour of the new (interim) Senate of Canada to start at 11:30 and afterwards we will go to lunch.

The lunch is planned for Nordstrom in the Rideau Centre.

Further details will be on our website and at the January meeting

After the meeting

Join us for lunch

Join us for lunch after our January meeting. Often our speaker agrees to join us. This month we will be at:

Busters Bar & Grill

420 Hazeldean Road

Buster's Bar & Grill

is a family-owned and operated restaurant

and bar with more than

40 years in the hospitality

industry which began with family-

owned Touch of Europe.

www.bustersbarandgrill.ca/



Our Probus Club has a web site

Our club has a web site to keep you up to date on speakers, activities, photos, our organization and other information. It also has contact info and is often more up to date than the monthly newsletter.

Navigation is easy with menus on the left side and at the bottom.

The website can be found with Google or just by typing it in.

www.probuswesternottawa.ca

Make sure that you bookmark this location so that you don't have to keep trying to find it.

Something new



Bring a book ...

...Take a book

Check out our new book swap table
Starting at our January meeting

Upcoming speakers schedule

February 14: Ian MacKay
"The English Language"

March 14: Jill Heinerth "The Art and Science of Cave Diving"

April 11: Shelagh Stevens
"Women's role in UN Peacekeeping"

May 9: Helen Peacock
"The Dream of World Peace – Could Canada Lead the way"

June 13: George Moubayed
"Credit Counselling"



Carp Diefenbunker museum tour followed by lunch at The Swan

Thursday 26 January

Tour of the Diefenbunker

3929 Carp road
Just north of Carp Village
meet at 10:30

Cost: \$15 (payable in advance)

Come out and experience a guided tour of this unique museum.

In 1994, the Diefenbunker was designated a National Historic Site of Canada because it is considered the most important surviving Cold War site in Canada. The bunker is important as an engineering achievement and to the critical path method of planning used in its construction. In addition, the Diefenbunker is symbolic of the Cold War, a strategy of nuclear deterrence and the Canadian people's determination to survive as a nation following a nuclear war.

Visit their website at: <https://diefenbunker.ca/>

(Payment can be made in person at the January meeting or via e-Transfer to membership@probuswesternottawa.ca. Be sure to indicate "Diefenbunker Tour" in the message field as well as the name(s) of the participants. Detailed e-transfer instructions can be found [HERE](#).

The visit will be followed by lunch at:

The Swan at Carp

108 Falldown Lane
Noon

From TripAdvisor: "The Swan has reopened. Renovations are complete breathing new life into The Swan. Excellent food and service at this village pub and eatery. Not the usual pub fare though but with a wide selection of choices all well done. Food and desserts are prepared by two graduates of Cordon Bleu in Ottawa. Needs to be experienced to be appreciated. No loud music; no TVs to distract from the ambience and fellow diners."

Website here: <https://www.theswanatcarp.ca/>

Planning on attending one or both? Please sign up at our meeting or via email to outings@probuswesternottawa.ca



Many thanks to those who participated in and provided food for our December Euchre pot-luck lunch. We were a small but enthusiastic group.

Our January Euchre date is January 13 with coffee and snacks at 12:30 and cards at 1 p.m.

We welcome new members! If you haven't played Euchre before, we'll teach you! It's a fun, easy game and a sociable group of people!

Happy New Year!

For further information, feel free to contact Barbara or David Stafford at 613-592-0296 or email

euchre@probuswesternottawa.ca

Thinking of you

We like to think that our Probus Club is much like a family. As such we would like to send a card when someone is ill, hospitalized, in need of a comforting word or on the occasion of a significant milestone.

If you know of someone who would appreciate receiving a card, please call Betty Jean Bone at 613-721-5536 or email: cards@probuswesternottawa.ca



Join us for a January lunch-out

Monday 16 January

Moxies Bar and Grill

K601 Earl Grey Dr (Kanata Centrum)
meet there at noon

Moxies restaurant is a contemporary casual restaurant offering a globally inspired menu in a vibrant and interactive atmosphere. moxies.com/restaurants/kanata

Sign up at the January meeting.

Or email lunches@probuswesternottawa.ca





Christmas luncheon. This year we held our Christmas Luncheon early. Even then, we had to split it over two days. These are just some of the 50 members who enjoyed the savoury luncheon at Algonquin College.

Chuckle Corner

How the weather thing works

The Indians on the Aamjiwnaang First Nation reservation in Grand Bend asked their new Chief if the winter was going to be cold or mild.

Since he was a new Indian Chief in a modern society, he had never been taught the old secrets, and when he looked at the sky, he couldn't tell what the weather was going to be. Nevertheless, to be on the safe side, he replied to his tribe that the winter was indeed going to be cold and that the members of the village should collect wood to be prepared.

But also, being a practical leader, after several days he got an idea. He got out his cell phone and called the Environment Canada Weather Service and asked, "Is the coming winter going to be cold?"

"It looks like this winter is going to be quite cold indeed," the meteorologist at the weather service responded.

So, the Chief went back to his people and told them to collect even more wood in order to be prepared. A week later he called the Environment Canada Weather Service again. "Is it going to be a very cold winter?"

"Yes," the man at the Weather Service again replied, "it's going to be a very cold winter."

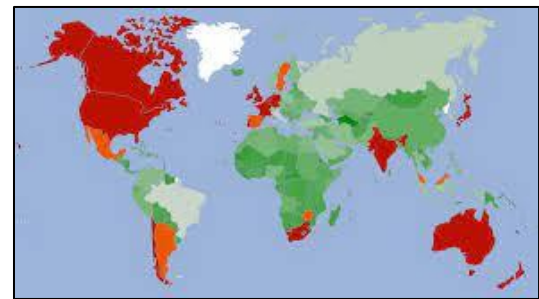
The Chief again went back to his people and ordered them to collect every scrap of wood they could find.

Two weeks later he called the Environment Canada office again. "Are you absolutely sure that the winter is going to be very cold?"

"Absolutely," the weatherman said. "It's going to be one of the coldest winters ever."

"How can you be so sure?" the Chief asked.

The weatherman replied, "The Indians are collecting firewood like crazy!"



Probus is truly a global organization

The map above shows the reach of Probus clubs throughout the world.

The first clubs were started in the UK in 1965 by a **Professional** and a **Businessman** who were retired and wanted an opportunity to socialize and started a luncheon club which became **Probus**. Other clubs were formed, and it grew from there.

In 1974, Probus expanded to New Zealand and by 1976 the idea had spread to Australia.

The first Probus Club in Canada was formed in Galt, Ontario in 1987. Canada now has 244 clubs with over 36,000 members.

Today, there are over 400,000 members in approximately 4,000 Probus clubs worldwide. The UK leads the list with 1,700 clubs. Australia and New Zealand together follow with 1600. There are also clubs throughout Europe, Africa, India, Japan and the Caribbean.

To get an international perspective, visit <https://probusglobal.org/>

Membership inquiries may be sent to membership@probuswesternottawa.ca

Our Website www.probuswesternottawa.ca

Newsletter comments or submissions newsletter@probuswesternottawa.ca