

Probus Club of Western Ottawa - serving the western half of the National Capital Region

May 2023

Vol:14 No:9

<u> Tuesday 09 May – Helen Peacock</u>

The Dream of World Peace – Could Canada Lead the Way

Helen Peacock is an activist, speaker and passionate advocate for Peace. She is the founder of Pivot2Peace, a local peace group in Collingwood Ontario which is a member of the Canada-wide Peace and Justice Network. She is a Chapter Coordinator for World Beyond War, a movement with members in over 190 countries, which is dedicated to ending the institution of war. And she is a member of a small think tank for Mutually Assured Survival that includes two UN Ambassadors.



Helen is also deeply involved working for Peace within the Rotary organization. She has presented on Peace to Rotarians around the world (India, Russia, Australia, Sri Lanka, Canada the United States, Ukraine, Mauritius, Egypt, Mexico, Venezuela, ...) and she was a Civil Society Observer for Rotary at the United Nations Tenth Nuclear Non-proliferation Review Conference in New York City. In 2023 she was invited to join the Board of the Rotary Action Group For Peace, an umbrella organization which supports the peace work of 45,000 Rotary Clubs around the world.

As the Editor-in-Chief of a new 6 hour online educational program, Ending War 101, developed in collaboration with the Director of Education for World Beyond War, Helen hopes to engage as many people as possible in the ending of our allowing, or even cooperating with, the use of war to resolve conflict.

Helen has been passionate about peace, both inner peace and world peace, since her early twenties. Prior to retirement and full-time peace activism, she was a Computer Executive (she holds a BSc in Math and Physics, and MSc in Computer Science) and a Management Consultant specializing in Leadership and Teambuilding for corporate teams. She held senior management positions in one of the world's largest banks and has served on the Boards of several non-profits.

As a Canadian, Helen has a lot to say about our potential to influence our planet toward peace. She firmly believes we can make a difference! As a citizen of the world (Helen has travelled to 114 countries) she invites us to consider whether militarism really makes us safer? She advocates for the United Nations program of human or common security.



Last Month

Shelagh Stevens spoke to us in April about the UN's inception and organization, the evolving character of peacekeeping and especially women's part in that role.

Initially, UN troops were forbidden to communicate with the local population, nor could they defend them should conflict erupt. Over time the advantages of befriending the locals became clear. Women were not feared as were men, so local women and children would approach female troops, talk about their experiences and help to influence their husbands to calm any rising tensions.



Welcome our new member who joined since the last newsletter...

Mary Humphrey

Prospective new members: please contact Ruth Wakeford at membership@probuswesternottawa.c

The Probus Club of Western Ottawa is part of the international organization of Probus Clubs designed to serve retired and semi-retired professional, business and like-minded people. Our meetings begin at 10:00 am with a time for coffee and socialization followed by a guest speaker.

Probus Western Ottawa meets at Kanata Baptist Church, 465 Hazeldean Road, Kanata

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Hello everyone.

On June 13th we will elect our club's executive for the coming year and, after our meeting, hold a catered luncheon in the church hall. More info about the luncheon is on page 3.

To the right is our current view of the new executive team that will take over in September. As you can see, there are a number of vacancies. We need volunteers if our club is to continue to offer educational, exciting and fun activities. Please help! Most jobs require very little of your time and current executive members will provide any training necessary.

A critical position is that of the newsletter editor. Without one, club news may be reduced to a simple email.

We have not had a vice-president this past year. Normally the VP serves one year as backup to the president and one year as the president. Without a VP in the fall, our club could be in serious jeopardy in the following 2024-2025 year.

Please talk to anyone on the current executive if you desire more information or wish to volunteer.

Ray Jones, president@probuswesternottawa.ca

Current view of our 2023-2024 Executive*

Details of these position responsibilities may be found on our web site here.

President:	Ray Jones
Vice President:	Vacant
Past President	N/A
Secretary:	Marg Demers
Treasurer:	Bryan Wakeford
Membership:	Ruth Wakeford
Speaker Program:	Beth Sweetnam
Lunches:	Vacant
Outings:	Linda Miller-Nesbitt &
	& George Steeves
Newsletter:	Vacant
Website:	To Be Determined
Policy Advisor:	Peter Doyle
Coffee Coordinator	Vacant x 2
Member-at-Large	Vacant x 2
Setup Crew	Peter Durose &
	David Stafford
Euchre Club	Barbara & David Stafford
Cards and letters	Betty Jean Bone
Publicity:	Vacant

* To be formally elected at the June meeting

Diefenbunker Tour



Sixteen members enjoyed an educational and humorous tour of the newly refurbished Diefenbunker on April 19.

Refunds, for those that pre-paid but were unable to attend, may be obtained by contacting the treasurer in person at our May or June meetings or via email to treasurer@probuswesternottawa.ca.

No refunds will be issued after our June meeting.

Chez Lam Luncheon





Twenty members attended a Vietnamese lunch on April 25 at Chez Lam in Kanata. The food was good and everyone enjoyed their time there.

Join our May lunch-out

Tuesday 23 May

Meet there at noon

Ashton Brew Pub

113 Old Mill Rd., Ashton 613-257-4423

https://www.ashtonbrewpub.ca



Putting a twist on pub favourites and crafting their own line of authentic ale.

Sign up at our May meeting or email lunches@probuswesternottawa.ca

Join our June lunch-IN!

After our June 13th meeting we will have a catered luncheon to end the year. Our caterer will be <u>Leatherworks</u>, offering a variety of wraps, salads, desserts and coffee. The luncheon will be in the Church hall on the other side of the foyer from the sanctuary.

This event is a great opportunity to close out our year and socialize with other club members before we break for the summer.

Tickets are \$20 and will be available at the May meeting. After that, please make payment arrangements by contacting <u>lunches@probuswesternottawa.ca</u>. No reservations or refunds will be considered after May 31st.

Chuckle Corner 🎒

Proofreading is a Dying Art ...

Man Kills Self Before Shooting Wife and Daughter *Huh?*

Something Went Wrong in Jet Crash, Expert Says *Really? Ya think?*

Police Begin Campaign to Run Down Jaywalkers *Now that's taking things a bit far!*

Panda Mating Fails; Veterinarian Takes Over *What a guy!*

Miners Refuse to Work after Death No-good-for-nothing' lazy so-and-so's!

Juvenile Court to Try Shooting Defendant See if that works any better than a fair trial!

War Dims Hope for Peace I can see where it might have that effect!

Red Tape Holds Up New Bridges You mean there's something stronger than duct tape?



Join us on Friday, May 12 at Bells Corners United Church (south door) 3955 Old Richmond Road No experience required!

12:30 – meet, greet, eat (snacks provided) 1 p.m. – Let the games begin!

For further information, feel free to contact Barbara or David Stafford at 613-592-0296 or email <u>euchre@probuswesternottawa.ca</u>

Upcoming speakers

June 13: Sandra Hawkins "A Multi-Media Artist's Perspective on Climate Change"

September 12: Gary Smith "Ice War Diplomat"

October 10: George Moubayed (Financial Educator): The Credit Counselling Society of Canada"



After our meeting

Join us for lunch at

Busters Bar and Grill

420 Hazeldean road at noon

Sign up at the May meeting (via show of hands)



----- Last Outing Until the Fall ------



Thursday 1 June – 10 am (Note new date & time) Join us for a Sculpture Park tour 3468 Old Montreal road -- Just east of Cumberland – about a

3468 Old Montreal road -- Just east of Cumberland – about 40 minutes drive from Kanata.

Come and join us for a walk to view numerous sculptures set in a natural setting. The Humanics Sanctuary and Sculpture Park is a hidden jewel just outside Cumberland. This is your chance to discover sculptures carefully placed throughout a nine-acre wooded ravine.

Enjoy walking trails and quaint bridges over a meandering creek. Learn how these sculptures, gathered from around the world, focus on promoting principles of non-violence, human development, justice and peace. **There is an entrance fee of \$5.00.**

We will gather together under a canopy beside the parking lot to hear an introduction by Dr. Perera, the visionary who created this unique space. Linda will stay near the canopy and be available if anyone wishes to return and rest. Her cell phone is 613-323-1259.

Wear your most comfortable walking shoes and bring bug spray and a water bottle. Bug spray, walking poles and maps are available on site.

Check out their website for more photos and information. <u>https://www.humanicsinstitute.org/</u>

The Humanics visit will be followed by lunch at:



OCCO Restaurant 4240 Innes Road in Orleans at 12:00 pm

OCCO is owned by a Newfoundlander, and offers unique burgers, tacos, salads, etc. Ingredients are locally sourced and made on site, including bread and even ketchup.

Menu and details at https://www.occokitchen.com

Planning on attending one or both? Please sign up at our May meeting or via email to

outings@probuswesternottawa.ca



Our Website www.probuswesternottawa.ca